



Guidance for BSc Children's Nursing Students on Practice Assessment using the Part 3 PAD

This guidance is intended to support you in achieving the proficiencies in your Part 3 Practice Assessment Document (PAD). These proficiencies have been set by the Nursing and Midwifery Council (2018) as part of your BSc Children's Nursing degree programme.

Before your first placement commences, you must make an appointment with your Academic Assessor (Personal Tutor) to discuss your Part 2 PAD achievements, addressing any gaps and how you plan to approach the completion of your Part 3 PAD in your two placements in Year 3.

This guidance sets out each proficiency, examples of practice settings and spoke activities where they can be achieved, and the underpinning University teaching which supports your learning. Guidance on completing your Episodes of Care and Medicines Management is at the end of this document.

Remember, on completion of each of the two Episodes of Care required this year, you will automatically be able to achieve a number of proficiencies at the same time.

How to achieve proficiencies without direct exposure in practice

All proficiencies are universal to all fields of practice. A small number may be slightly more challenging to achieve directly in children and young people's healthcare settings, for example:

- 9 - Distress from voices/thoughts/perceptions
- 29 - End of life care
- Part 2 14 (shared) - Catheterisation
- Part 2 24 (shared) - Cardiac assessment/ECG
- Part 2 27 (shared) - Blood transfusion

Therefore, you should:

- Attend the relevant simulation session at University where applicable (Year 2 or Year 3)
- Schedule a formal conversation/discussion with your Practice Assessor around the proficiency
- Use the notes you made during teaching and any other activities you have completed on the topic. This will allow you to reflect on your learning and demonstrate your breadth of knowledge and skills to your assessor
- **Remember some are 'shared' proficiencies- if you achieved them in Year 2 you do not need to repeat them in Year 3. DON'T FORGET to record these in your OAR as well (in the relevant column for the year you achieved them)**

All other proficiencies should be achievable in practice in the areas suggested.

Please note: There may be changes or restricted access to certain services or clinical areas as a result of Covid-19. If you feel this may adversely affect your ability to achieve any proficiencies, it is particularly important to follow the advice above. For further support and guidance, please contact your Academic Assessor, your local Practice Education Facilitator/Practice Educator or the relevant Practice Liaison Lecturer Team for your area:

PLLWest@brighton.ac.uk

PLLCentral@brighton.ac.uk

PLLEast@brighton.ac.uk

Dec 2020

Alison Taylor/Lisa Ford, Children's Nursing Team, School of Health Sciences, University of Brighton
Nursing and Midwifery Council (2018) *Future nurse: Standards of proficiency for registered nurses*. Available at:
<https://www.nmc.org.uk/standards/standards-for-nurses/standards-of-proficiency-for-registered-nurses/>

Part 3 PAD proficiencies and how to achieve them- guidance for BSc Children's Nursing students

Part 3 NMC Proficiency	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
1. Utilises a range of strategies/resources (including relevant diagnostic equipment) to undertake a comprehensive whole-body assessment to plan and prioritise evidence-based person-centred care	Universal	NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3
2. Assesses a person's capacity to make best interest decisions about their own care and applies processes for making reasonable adjustments when a person does not have capacity.	Universal	NI528 Practice Learning for Children's Nursing Year 2 NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3
3. Actively participates in the safe referral of people to other professionals or services such as cognitive behavioural therapy or talking therapies across health and social care as appropriate	Universal	NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3
*4. Recognises signs of deterioration (mental distress/emotional vulnerability/physical symptoms) and takes prompt and appropriate action to prevent or reduce risk of harm to the person and others using for example positive behavioural support or distraction and diversion strategies. <i>*Shared proficiency, may have been achieved in Year 2</i>	Universal	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3
5. Accurately and legibly records care, with the use of available digital technologies where appropriate, in a timely manner.	Universal	NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3
6. Works in partnership with people, families and carers using therapeutic use of self to support shared decision making in managing their own care.	Universal	NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3

Part 3 NMC Proficiency	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
7. Manages a range of commonly encountered symptoms of increasing complexity including pain, distress, anxiety and confusion.	Universal	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3
8. Uses skills of active listening, questioning, paraphrasing and reflection to support therapeutic interventions using a range of communication techniques as required.	Universal	NI526 Childhood Development and Transitions NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3
9. Is able to support people distressed by hearing voices or experiencing distressing thoughts or perceptions	Universal Spoke with A&E mental health liaison team	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3 (Supported by university simulation session and reflective learning)
10. Manages all aspects of personal hygiene, promotes independence and makes appropriate referrals to other healthcare professionals as needed (e.g. dentist, optician, audiologist)	Universal	NI522 Nursing to Promote Health and Prevent Illness NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person
11. Manages the care of people with specific nutrition and hydration needs demonstrating understanding of and the contributions of the multidisciplinary team.	Children's community services, short breaks care/hospices, schools, outpatient and inpatient hospital areas Spoke with children's gastroenterology nurse/dietitians	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3
12. Manages the care of people who are receiving IV fluids and accurately records fluid intake and output, demonstrating understanding of potential complications.	Inpatient hospital areas <i>*Children's nursing students must not administer any IV feed, fluid or medication in practice. Assisting with the procedure, third checking and discussing as per guidance above is sufficient to achieve this proficiency</i>	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3
<i>*13. Manages the care of people receiving fluid and nutrition via infusion pumps and devices including the administration of medicines where required. *Shared proficiency, may have been achieved in Year 2</i>	Children's community services, short breaks care/hospices, schools, inpatient hospital areas Spoke with children's gastroenterology nurse/dietitians <i>Children's nursing students must not administer any IV feed, fluid or medication in practice. Assisting with the procedure, third checking and discussing as per</i>	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3

Part 3 NMC Proficiency	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
	guidance above is sufficient to achieve this proficiency	
14. Manage and monitor the effectiveness of symptom relief medication, with the use of infusion pumps and other devices	Children's community services, short breaks care/hospices, inpatient hospital areas Spoke with children's pain/symptom management team *Children's nursing students must not administer any IV feed, fluid or medication in practice. Assisting with the procedure, third checking and discussing as per guidance above is sufficient to achieve this proficiency	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3
15. Manages the care of people with specific elimination needs for example urinary and faecal incontinence and stoma care.	Children's community services, short breaks care/hospices, schools, inpatient hospital areas Spoke with children's continence team/stoma nurse	NI528 Practice Learning for Children's Nursing Year 2
16. Demonstrates an understanding of the need to administer enemas and suppositories and undertake rectal examination and digital rectal evacuation as appropriate.	Children's community services, short breaks care/hospices, inpatient hospital areas Spoke with children's continence team/stoma nurse *Children's nursing students must not undertake rectal examination or digital rectal evacuation.	NI528 Practice Learning for Children's Nursing Year 2
17. Demonstrates the ability to respond and manage risks in relation to infection prevention and control and take proactive measures to protect public health e.g. immunisation and vaccination policies	Universal Spoke with immunisation team/infection control team	NI522 Nursing to Promote Health and Prevent Illness NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3
18. Understands roles, responsibilities and scope of practice of all members of the multidisciplinary team and interacts confidently when working with these members	Universal	NI528 Practice Learning for Children's Nursing Year 2 NI616 Leading and Managing Nursing Care and Effective Teams NI620 Children's Nursing in Context NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3
19. Effectively manages and prioritises the care needs of a group of people demonstrating appropriate communication and leadership skills to delegate responsibility for care to others in the team as required.	Universal	NI616 Leading and Managing Nursing Care and Effective Teams NI622 Practice Learning for Children's Nursing Year 3

Part 3 NMC Proficiency	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
20. Monitors and evaluates the quality of care delivery by all members of the team to promote improvements in practice and understand the process for performance management of staff (if required).	Universal Spoke with ward manager/senior nurse/site manager/quality improvement team/patient safety team/executive board	NI521 Quality Improvement Using Evidence-Based Nursing Practice NI615 Contemporary and Future Nursing Practice NI616 Leading and Managing Nursing Care and Effective Teams NI622 Practice Learning for Children's Nursing Year 3
21. Actively participates in audit activity and demonstrates understanding of appropriate quality improvement strategies	Universal Spoke with audit team/quality improvement team/patient safety team	NI521 Quality Improvement Using Evidence-Based Nursing Practice NI615 Contemporary and Future Nursing Practice NI616 Leading and Managing Nursing Care and Effective Teams
22. Undertakes accurate risk assessments and demonstrates an understanding of relevant frameworks, legislation and regulations for managing and reporting risks	Universal Spoke with ward manager/senior nurse/site manager/quality improvement team/patient safety team/executive board	NI616 Leading and Managing Nursing Care and Effective Teams NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3
23. Participates in appropriate decision making regarding safe staffing levels, appropriate skill mix and understands process for escalating concerns	Universal Spoke with ward manager/senior nurse/site manager/patient safety team	NI616 Leading and Managing Nursing Care and Effective Teams NI622 Practice Learning for Children's Nursing Year 3
24. Demonstrates understanding of processes involved in managing near misses, critical incidents or major incidents	Universal Spoke with ward manager/senior nurse/site manager/patient safety team	NI616 Leading and Managing Nursing Care and Effective Teams NI622 Practice Learning for Children's Nursing Year 3
25. Co-ordinates the care for people with complex co-morbidities and understands the principles of partnership collaboration and interagency working in managing multiple care needs.	Universal	NI527 Assessing and Planning Complex Care in Children's Nursing NI616 Leading and Managing Nursing Care and Effective Teams NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3
26. Evaluates the quality of people's experience of complex care, maintains optimal independence and avoids unnecessary interventions and disruptions to their lifestyle.	Universal	NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 NI616 Leading and Managing Nursing Care and Effective Teams NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3
27. Engages in difficult conversations including breaking bad news with compassion and sensitivity.	Universal	NI528 Practice Learning for Children's Nursing Year 2 NI622 Practice Learning for Children's Nursing Year 3
28. Facilitates the safe discharge and transition of people with complex care needs advocating on their behalf when required.	Universal Spoke with transition teams/clinics	NI526 Childhood Development and Transitions NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 NI616 Leading and Managing Nursing Care and Effective Teams NI620 Children's Nursing in Context

Part 3 NMC Proficiency	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
29. Assess and reviews the individual care needs and preferences of people and their families and carers at the end of life, respecting cultural requirements and preferences.	Children's community services, hospices, inpatient hospital areas	NI528 Practice Learning for Children's Nursing Year 2 (Supported by university simulation session and reflective learning) NI620 Children's Nursing in Context

Other proficiencies achievable in either Part 2 or Part 3 PADs	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
Part 2, No. 3. Recognise people at risk of self-harm and/or suicidal ideation and demonstrates the knowledge and skills required to support person-centred evidence-based practice using appropriate risk assessment tools as needed.	Universal Spoke with A&E mental health liaison team	NI528 Practice Learning for Children's Nursing Year 2 (Supported by university simulation session and reflective learning)
Part 2, No. 4. Demonstrates an understanding of the needs of people and families for care at the end of life and contributes to the decision-making relating to treatment and care preferences.	Children's community services, hospices, inpatient hospital areas	NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 (Supported by university simulation session and reflective learning) NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3
Part 2, No. 10. Utilises aseptic techniques when undertaking wound care and in managing wound and drainage processes (including management of sutures and vacuum removal where appropriate)	Children's community services, inpatient hospital areas Spoke with tissue viability team	NI528 Practice Learning for Children's Nursing Year 2
Part 2, No. 14. Insert, manage and remove urinary catheters for all genders and assist with clean, intermittent self-catheterisation where appropriate. Manages bladder drainage where appropriate*	Children's community services, short breaks care/hospices, schools, inpatient hospital areas	NI528 Practice Learning for Children's Nursing Year 2 (Supported by university simulation session and reflective learning)
Part 2, No. 15. Undertakes, responds to and interprets neurological observations and assessments and can recognise and manage seizures (where appropriate)	Children's community services, short breaks care/hospices, schools, inpatient hospital areas	NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3

Other proficiencies achievable in either Part 2 or Part 3 PADs	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
Part 2, No. 19. Undertakes a comprehensive respiratory assessment including chest auscultation e.g. peak flow and pulse oximetry (where appropriate) and manages the administration of oxygen using a range of routes	Children's community services, short breaks care/hospices, schools, outpatient and inpatient hospital areas Spoke with nurse practitioners, children's respiratory team/ physios	NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3
Part 2, No. 20. Uses best practice approaches to undertake nasal and oral suctioning techniques	Children's community services, short breaks care/hospices, schools, inpatient hospital areas	NI528 Practice Learning for Children's Nursing Year 2 (Supported by university simulation session and reflective learning) NI622 Practice Learning for Children's Nursing Year 3
Part 2, No. 24. Undertakes an effective cardiac assessment and demonstrates the ability to undertake an ECG and interpret findings	Outpatient and inpatient hospital areas Spoke with nurse practitioners, cardiac technicians, tertiary centre children's cardiac services	NI621 Enhanced Physical Assessment of the Child and Young Person (Supported by university simulation session and reflective learning) NI622 Practice Learning for Children's Nursing Year 3 (Supported by university simulation session and reflective learning)
Part 2, No. 25. Demonstrates knowledge and skills related to safe and effective venepuncture* and can interpret normal and abnormal blood profiles	Children's community services, outpatient and inpatient hospital areas Spoke with phlebotomy team *Children's nursing students must not attempt venepuncture in practice. Assisting with the procedure and discussing as per guidance above is sufficient to achieve this proficiency	NI622 Practice Learning for Children's Nursing Year 3 (Supported by university simulation session and reflective learning)
Part 2, No. 26. Demonstrates knowledge and skills related to safe and effective cannulation in line with local policy*	Outpatient and inpatient hospital areas Spoke with IV team *Children's nursing students must not attempt cannulation in practice. Assisting with the procedure and discussing as per guidance above is sufficient to achieve this proficiency	NI622 Practice Learning for Children's Nursing Year 3 (Supported by university simulation session and reflective learning)
Part 2, No. 27. Manage and monitor blood component transfusions in line with local policy and evidence-based practice	Inpatient hospital areas Spoke with transfusion team *Children's nursing students must not administer blood transfusions in practice. Assisting with the procedure, third checking and discussing as per	NI622 Practice Learning for Children's Nursing Year 3 (Supported by university simulation session and reflective learning)

Other proficiencies achievable in either Part 2 or Part 3 PADs	Suggested clinical practice opportunities where the proficiency can be achieved	Underpinning university teaching
	guidance above is sufficient to achieve this proficiency	
Part 2, No. 28. Can identify signs and symptoms of deterioration and sepsis and initiate appropriate interventions as required	Children's community services, inpatient hospital areas	NI528 Practice Learning for Children's Nursing Year 2 NI621 Enhanced Physical Assessment of the Child and Young Person NI622 Practice Learning for Children's Nursing Year 3

Episodes of Care

	Guidance notes- see also generic exemplar	Underpinning learning
Episode of Care 1 Supervise and teach a junior learner/colleague in practice, based on the delivery of direct person-centred care This may be completed on either of your Year 3 placements	A learner could be, for example: <ul style="list-style-type: none"> • less experienced student nurse • medical or other healthcare student • new starter or less experienced colleague • volunteer This episode will focus on teaching an element of care or supervising a learner. Before attempting the assessment, spend some time considering issues such as: <ul style="list-style-type: none"> • the learner's needs- who is your 'audience'? • existing knowledge of the learner • how they learn best/ their learning style • which methods you will use and content you will include • environment/location, timing/duration, equipment/aids/learning materials After the event, consider: <ul style="list-style-type: none"> • how you assessed the learner's knowledge/understanding and gave feedback • how you managed questions • feedback you received from your learner and/or practice assessor 	NI616 Leading and Managing Nursing Care and Effective Teams NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3
Episode of Care 2 Direct care involving the organisation and management of care for a group/caseload of people with complex care needs This should be completed on your final placement	A group or caseload could be two or more children in any setting. A child or young person with complex care needs could: <ul style="list-style-type: none"> • require multiple clinical interventions • have a diagnosis affecting many areas of their life e.g. cystic fibrosis, diabetes or cerebral palsy • have an underlying chronic condition, disability or disorder which affects the nature or delivery of their care at the time, e.g. a child on the autistic spectrum undergoing surgery, or a child with a metabolic disorder who has diarrhoea and vomiting 	NI616 Leading and Managing Nursing Care and Effective Teams NI620 Children's Nursing in Context NI622 Practice Learning for Children's Nursing Year 3

	<ul style="list-style-type: none"> • have social care as well as healthcare needs, e.g. a child receiving a package of care at home, a young person with complex mental health needs, a child with a plan of care involving child protection services <p>In acute settings, the focus of this episode of care may be on coordinating the care of the children/young people assigned to you or managing a larger area of a ward or unit. In community settings you may be taking the lead for a caseload or part of a caseload of children/young people. Before attempting the assessment, spend some time considering issues such as:</p> <ul style="list-style-type: none"> • adapting to changing situations within the ward/unit/department/team • child and family centred approach • child and family feedback or complaints • clinical workload • communication • delegation • dependency and acuity of patients and tools used • discharge planning • escalating concerns • escorting/'specialing'/transfer of patients • leadership style • multidisciplinary working • organisational and ward culture • patient allocation • patient safety • prioritisation • responding to clinical changes • risk management and incident reporting • role modelling • safety huddles • staffing levels and skill mix • teamwork • time management • ward/unit metrics or care quality indicators • written and verbal reports including handover 	
--	--	--

Medicines Management assessment

	Guidance notes- see also generic exemplar	Underpinning University teaching
<p>Safe administration of medicines to a group of patients/service users or a caseload of patients/service users in community settings.</p> <p>Aim- consolidating knowledge, skills and competencies in relation to the safe administration of medicines.</p>	<p>Settings- Children's community services, short breaks care/hospices, special schools, outpatient and inpatient hospital areas</p>	<p>NI526 Childhood Development and Transitions NI527 Assessing and Planning Complex Care in Children's Nursing NI528 Practice Learning for Children's Nursing Year 2 NI616 Leading and Managing Nursing Care and Effective Teams NI622 Practice Learning for Children's Nursing Year</p>