



**University of Brighton**

School of Health Sciences

Sustainability Special Interest Group

## Sustainability in Wellness and Health Symposium 10<sup>th</sup> June 2015

Time	Presenters	Title
09.30 – 10:00 Registration and refreshments		
10.00	Jessica Hargreaves	Welcome address
<b>Sustainability and outdoors</b>		
10.15	<b>Dr Martin Jordan</b> Senior Lecturer University of Brighton	Taking therapy outside – psychotherapy, sustainability and distress
10.45	<b>Sam Rouse</b> Senior Technical Advisor, Air Quality Brighton and Hove City Council	Urban air quality and health
11:15 – 11:45 Refreshments and posters		
<b>Sustainability and health</b>		
11:45	<b>Dr Caroline Hodges</b> Senior Lecturer University of Brighton	Realities and myths in protein nutrition
12.15	<b>Angela and William Beale</b> Public Patient Initiative Bristol Health Partners	Service user involvement in sustainable practices in chronic kidney disease
12.45	<b>Freia McGregor</b> Royal United Hospital Bath NHS Trust & Anglia Ruskin University	Sustainable eye care toolkit
13:15 – 14:15 Refreshments and posters		
<b>Sustainability and development</b>		
14:15	<b>Dr. Amina Aitsi-Selmi</b> Public Health England, UCL	Sustainability and health policy
14:45	<b>Simon Hickmott</b> Transport Planning Officer Brighton and Hove City Council	Sustainable travel and health: What are people saying, how do they respond to offers of help, and what should we do?
15:15	<b>Emily Gagnon &amp; Caroline Hudson</b> University of Brighton	Resilience research and practice: a social justice approach with a whole system perspective
15:45 – 16:00 Closing remarks		