

Infant Feeding & Public Health



18-25 May 2016
Module code: NA7138

Overview

This module uses a life course approach to study public health action on infant and young child feeding, focussing on the mother-baby dyad from preconception to the second year of life. It takes a global perspective, drawing on experiences internationally as well as within the UK. It takes participants beyond the 18 hour Baby Friendly training, deepening knowledge and equipping participants to operate strategically on infant and young child feeding (IYCF) or Baby Friendly Initiative.

Who should attend?

It is suitable for anyone with an interest in promoting health through improving early nutrition, including midwives, health visitors and public health practitioners. The module aims to equip participants with skills and theoretical understanding to coordinate, commission, implement and monitor IYCF initiatives, and/or act as public health resource specialists on infant and young child feeding.

Topics include

- Epidemiology of infant and young child feeding (IYCF)
- Biochemistry and nutritional aspects of human milk, early diets
- Determinants of feeding intention and practice
- Strategies for improving IYCF
- Skills for communication, advocacy and project planning
- Challenges such as HIV, diabetes
- Policy and initiatives

Research and Practice Links

- Includes specialist contributions from Nigel Sherriff who conducts research on Fathers and Breastfeeding, and local practitioners in Brighton & Hove who oversee some of the best breastfeeding rates in the UK.

Assessment

- Situation analysis of IYCF in community chosen by student (poster)
- Proposal for action (2000 words)
- Reflection (500 words)

Time & Place

Falmer Campus
2 x 2.5 days commencing
1pm Wednesday 18th – 5pm
Friday 20th; 9am Monday
23rd – 1pm Wednesday 25th.

Module Leader

Carol Williams,
Senior Lecturer in Health
Promotion & Public Health

Module status

This 20 credit level 7masters module can contribute to a postgraduate certificate or masters award, including MA Health Promotion, MSc Advanced Practitioner, MSc Health.

It can also be taken as a single stand alone module for general personal development or continuing professional development, with or without assessment.

Fees

£906 UK/EU
£1570 International

For more information or to apply visit;
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