

Masters courses in the School of Health Sciences

MSc Health Promotion

Four pathways leading to **MSc Health Promotion,**
MSc Health Promotion & Management

MSc International Health Promotion,
MSc Health Promotion & Education.



Health Promotion for public health practice.

Our Master course is designed to equip students with theoretical knowledge, critical analysis, and practical skills for working in health promotion and public health at local, national or international levels in the UK and globally.

Health Promotion is about enabling people and communities to live healthier lives, encompassing mental, physical and social aspects of health. It is a major component of public health implementation with a strong focus on health equity, the social determinants of health and the process of empowerment and participation.

In our increasingly complex and interconnected world confronted with challenges of ageing, climate change and social injustice, health promotion skills and ethical perspectives are as relevant today as when the first health promotion charter was signed in 1986.

Brighton is one of the few Universities in the UK with a Masters in Health Promotion and previous students have valued our practical, employment-oriented modules and research opportunities.

"The work we did on the modules was so relevant to my job interview" (previous student now working in public health).

Modular Course Structure

Four course pathways allow students to tailor their programme of study to reflect individual professional needs, including modules from the Business (BBS) and Medical (BSMS) Schools. Assignments and a dissertation provide opportunities for students to investigate health topics of their own particular interest.

3 core modules:

- Principles of health promotion: Theory, policy and practice.
- Health Promotion: Strategy and project planning.
- Community placement: Developing Health Promotion competencies.

2 optional modules, typically

- Culture, community health & wellbeing
- Epidemiology (BSMS).
- Globalisation & public health
- Infant feeding & public health
- Managing change
- Nutrition & public health (BSMS)
- Social Marketing (BBS)

1 research methods module

Dissertation

Students on ' & Management' or ' & Education' pathways take core plus pathway-specific modules.

A **global perspective** is adopted throughout the course, sharing learning and experiences from different parts of the world.

Join a network of current and past students and staff working in health promotion locally, nationally and internationally.

Who should apply?

Health Promotion is a multidisciplinary field. We welcome applicants who want to extend or develop health promotion expertise. Students typically include professionals from health and social care, education, communication and marketing, and the voluntary sector, and graduates in related subjects.

Course Team

Carol Williams (Course Leader), Dr Nigel Sherriff, Dr Alex Sawyer, Dr Laetitia Zeeman, Carol Cheales, Sofie Franzen

The course team are active in public health research particularly around healthy weight, inequalities, sexual health, and young people. We provide dissertation research opportunities in these areas. See [Centre for Health Research](#)

IUHPE Accredited/ UKPHSKF

The course is being validated by the [International Union of Health Promotion and Education](#) (IUHPE) Completing students will be eligible to register directly as **IUHPE registered Health Promotion Practitioners**. The curriculum is designed to support application for **UK Public Health Practitioner Registration**.

For more information or to apply, see:

www.brighton.ac.uk/hss/courses

[healthpromotionbrighton blog](#)

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