

## TRIUMPH progress!

The TRIUMPH study is going well, and we would like to say a huge thank you for taking part in this vital work.

We have had a fantastic response, and have now finished recruiting men into the study with over 1,000 taking part! Our focus is now on collecting the data that we need and everyone will have completed their time in the trial by August 2020.



## About TRIUMPH

The TRIUMPH study is testing whether a personalised booklet given by a nurse providing advice on management of men's individual urinary symptoms improves their symptoms compared to usual care from their GP.

TRIUMPH is running in two Clinical Research Network (CRN) regions - the West of England and Wessex. Please refer to their website to find out more about CRNs: <https://www.nihr.ac.uk/explore-nihr/support/clinical-research-network.htm>



## Trial website

Please visit our study website at: [bristol.ac.uk/triumph-study](http://bristol.ac.uk/triumph-study)

Our website includes information on how your data is held and handled by the trial under the General Data Protection Regulation (GDPR) and Data Protection Act 2018.



## Meet our team!

Professor Marcus Drake is leading the trial. He is a Consultant Urological Surgeon at Southmead Hospital in Bristol, as well as a Professor of Physiological Urology at University of Bristol. He is also a member of the

“This important trial has been set up to help us understand what advice and information can help to improve urinary symptoms in men, without surgery or drugs.”



Our other highly dedicated team members include:

- Experts in clinical trials
- Research nurses
- GPs
- Urological consultants
- Patients with experience of urinary symptoms

# Trial FAQs....



## *When will I receive more questionnaires to fill in?*

You will receive questionnaires at 6 months and 12 months after you joined the trial.



## *What will my questionnaires tell you?*

Your questionnaires are so important for the trial. They tell us how your urinary symptoms have changed since you started in the trial, as well as how that has affected how you feel in general.

## *I am in the usual care group, is it still important for me to complete my questionnaires?*



It is very important for men in both the usual care and personalised booklet groups to complete their questionnaires, as this is the only way we will be able to tell how much either pathway improves men's urinary symptoms. We need all the pieces of the puzzle to answer our trial question!



## *How will my follow up questionnaires be sent to me?*

The nurse that you first spoke to on the phone will have asked you how you would like to receive your questionnaires — by email or post.



## *When will we know the results?*

2020

We will be looking at the results after all patients have completed the trial, which will be in 2020. When we have done this, we will write and let you know the outcome!

All patients in the usual care group will then receive a copy of the booklet.



## *Who can I contact about the trial?*

Please get in touch with your local TRIUMPH nurse/s or the trial management team at the University of Bristol on:

**[triumph-study@bristol.ac.uk](mailto:triumph-study@bristol.ac.uk) or 0117 331 4519**



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*Treating Urinary symptoms in Men in Primary Healthcare using non-pharmacological and non-surgical interventions (TRIUMPH)*

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