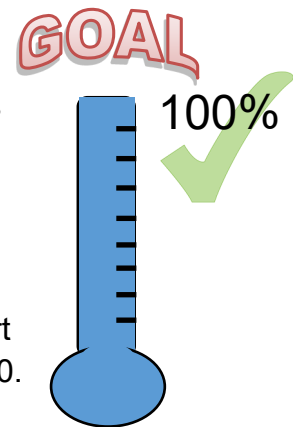


## TRIUMPH progress

The TRIUMPH trial has made a huge amount of progress and we have 32 GP practices taking part across Wessex and the West of England.

We have now finished recruiting men into the study and have over 1,000 men taking part! Our focus is now on collecting the data that we need, and everyone taking part will have completed their time in the study by August 2020. We will then be able to look at the results!



## Data Collection

We are now at the exciting stage of receiving back your completed 6 month questionnaires. This is the start of data collection, which will allow us to answer our research question of how our personalised booklet compares to usual GP care. Thank you to those who have completed and returned their questionnaires, it is hugely appreciated.



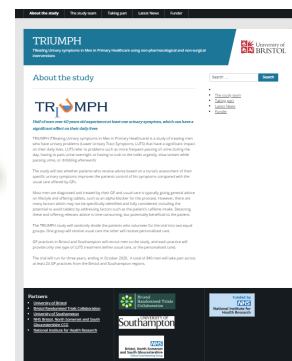
## Trial website

Please visit our study website at:



[bristol.ac.uk/triumph-study](http://bristol.ac.uk/triumph-study)

Our website now includes information on how your data is held and handled by the trial under the General Data Protection Regulation (GDPR) and Data Protection Act 2018.



## Thank you!



Most importantly we would like to offer our sincere thanks to all of you for taking part and your contribution in helping us understand how to care for men with urinary symptoms in the future.

# Trial FAQs....



## *When will I receive more questionnaires to fill in?*



You will receive your final questionnaire at 12 months after you joined the trial. This should be in around 3 months time. You will be offered a £10 voucher for completion of your questionnaire.

## *What will my questionnaires tell you?*



Your questionnaires are so important for the trial. They tell us how your urinary symptoms have changed since you started in the trial, as well as how that has affected how you feel in general.

## *I am in the usual care group, is it still important for me to complete my questionnaires?*



It is very important for men in both the usual care and personalised booklet groups to complete their questionnaires, as this is the only way we will be able to tell how much either care pathway improves men's urinary symptoms. We need all the pieces of the puzzle to answer our trial question!

## *What happens once I have completed my final 12 month questionnaire?*



Once you have completed the questionnaire, you will have finished your time in the study. You will continue to be under your GP care as usual for any urinary symptoms.

We will be looking at the results after all patients have completed the trial, which will be in 2020. When we have done this, we will write to you and let you know the outcome! This can take some time, so will likely be in 2021, but keep an eye on our website!

All patients in the usual care group will then receive a copy of the booklet.



## *Who can I contact about the trial?*

Please get in touch with your local TRIUMPH nurse/s or the trial management team at the University of Bristol on:

**[triumph-study@bristol.ac.uk](mailto:triumph-study@bristol.ac.uk) or 0117 331 4519**



Trial managers: Jo Worthington/Jess Pooley

Trial administrator: Charlotte McDonald

*Treating Urinary symptoms in Men in Primary Healthcare using non-pharmacological and non-surgical interventions (TRIUMPH)*

*This project is funded by the National Institute for Health Research Health Technology Assessment Programme (HTA) (16/90/03). The views and opinions expressed therein are those of the authors and do not necessarily reflect those of the HTA, NIHR, NHS or the Department of Health.*



Bristol, North Somerset and South Gloucestershire  
Clinical Commissioning Groups