

## RENKEI Interdisciplinary workshop in Osaka, Japan <Living with an Ageing Society > (Thursday 22nd - Thursday 29th October, 2015)



This workshop aims to promote understanding current problems of ageing society and to introduce the latest approaches for dealing with future ageing society in Japan. It consists of group work, site visits and lectures by leading experts. The lectures will explore the theme from different perspectives and help participants gain a holistic picture of issues and opportunities presented by an ageing society. Participants will also get first-hand experiences of what life is like for the elderly and the healthcare services, facilities, and technologies

available to them.

Participants will be divided into small groups and together they will choose some specific issues related to ageing society and discuss possible solutions to these problems. Each group will then present their ideas on the final day of the workshop. Experienced researchers will be assigned to each group as a facilitator to help with collecting information and promoting the discussion.

After the workshop, the groups will continue to collaborate in developing their ideas so that a comprehensive presentation can be delivered at the Liverpool workshop in 2016.

**Date:** Thursday 22nd - Thursday 29th October 2015

**Place:** Osaka, Japan

This workshop is intended for those who have strong interest in:

- designing solutions for problems of people living with an ageing society
- tackling social and psychological issues related to an ageing society through

dialogues across disciplines, universities, sectors, cultures and countries

- acquiring skills and knowledge required to be a future leader who can facilitate social innovation

**Cost:**

The cost of the workshop itself will be covered by the RENKEI programme. Travel, accommodation and meals will be covered by the University of Bristol to a maximum of £750 per participant. Please note that if the costs exceed £750, participants will be responsible for finding further funding. Accommodation for all participants will be booked by Osaka University (cost around £310) and participants are expected to make payment when they check-out.

**Participation Criteria:**

All applicants must meet the following criteria:

- Applicants must be an academic staff member in any pathway, levels A and B, or a PhD student from one of the 12 participating universities. In exceptional cases we may accept masters students as well
- Applicants must be enthusiastic about collaborative and interdisciplinary work, as well as having a keen interest in developing links with industry
- Applicants must be able to demonstrate how their academic interests could contribute to the theme of the workshop
- Applicants must be able to commit fully to the 1-week programme at Osaka and must be able to travel to Japan
- As the programme will be conducted in English, applicants must be able to communicate in English, although competency in written English is less important
- Applicants must be able to contribute to disseminating the outcome of the workshop to wider audiences in cooperation with RENKEI member universities and the British Council, which is the secretariat of the RENKEI initiative

**How to apply:**

If you are interested in taking part in this programme, please fill in the application form and send it to [renkei-school@bristol.ac.uk](mailto:renkei-school@bristol.ac.uk) by **9 August 2015**. Applicants will be informed of the result of the selection process by early September.

Please note that participants are expected to arrive in Osaka in the morning on Thursday 22nd October so that they can register at Osaka University at 13:00 on Thursday 22nd October. Furthermore, all the participants from the UK must have appropriate travel insurance covering the period of their stay in Japan.

**Programme:**

**Thu 22th October 2015**

Registration from 13:00 at the international cafe in the Department of Human Sciences building

**DAY 1: Fri 23th October**

7:00-8:30	Breakfast	
9:00-10:00	Opening remarks and presentation of program outline	
10:00-10:30	Tea break	
10:00-12:00	Opening Lecture: 60min Discussion: 30min History of gerontology research and state-of-the-art projects in Japan	Shoji Shinkai, M.D., Ph.D., M.P.H. (Tokyo Metropolitan Institute of Gerontology)
12:30-13:30	Lunch	
13:30-15:30	Mini Lecture Session 1: 30min Q&A: 5min	
	Biology of ageing	Ken Sugimoto M.D., Ph.D. (Osaka University)
	Medical and functional dimension of ageing	Kei Kamide M.D., Ph.D. (Osaka University)
	Dental and oral health dimension of ageing	Kazunori Ikebe D.M.D., Ph.D. (Osaka University)
	Discussion	
15:30-16:00	Tea Break	
16:00- 17:00	<Group Discussion> Discuss and select a main topic for the group	
19:00-21:00	Welcome Buffet	

**DAY 2: Sat 24th October**

7:00-8:30	Breakfast	
9:00-10:30	Special Lecture: 60 min Discussion: 30min Demographical trends in ageing societies and the importance of healthy life expectancy	Yasuhiko Saito (Nihon University)
10:30-11:00	Tea break	

11:00-12:00	Lecture: 45 min Discussion: 15min Business targeted at the elderly	Hiroshi Ueda (Osaka University)
12:00	Relocate to the Ageless Center (the Exhibit Hall for care devices)	
13:30 - 17:00	Site visit to the Ageless Center <Group Discussion>	<a href="http://www.ageless.gr.jp/pdf/age_eng.pdf">http://www.ageless.gr.jp/pdf/age_eng.pdf</a>
17:00 -	Free time	
<b>DAY 3: Sun 25th October</b>		
7:30-8:30	Breakfast	
9:00-11:00	Mini Lecture Session 2: 30min Q&A: 5min	
	Social dimensions of ageing	Keiko Katagiri, Ph.D. (Kobe University)
	Emotional dimensions of ageing	Kate Mary Bennett (University of Liverpool)
	Cognitive dimensions of ageing	Kazuma Ishimatsu Ph.D. (Graduate School of Health Care Sciences)
11:00-11:30	Tea break	
11:30-13:00	Special Lecture: 60 min Discussion: 30min Importance of developing a user friendly interface for the elderly	Etsuko Harada (Tsukuba University)
13:00-14:00	Lunch	
14:00-15:00	Lecture: 45 min Discussion: 15min Robotic technology for ageing society	Kenji Yamada (Osaka University)
15:00-15:30	Tea break	
15:30-17:30	Industry approaches to tackling ageing society Secom, Daiwa House, Panasonic (tbc)	Invited lecturers from companies
18:00-20:00	Buffet dinner	Venue: Minelva
<b>DAY 4-5: Mon 26th-Tue 27th October (Visit to rural village and care facilities)</b>		
Date and time (tbc)	Visit to care service apartment	<a href="http://www.secomfortwest.com/">http://www.secomfortwest.com/</a>
	Visit to Ikuno Silver Mine	<a href="http://www.ikuno-ginzan.co.jp/">http://www.ikuno-ginzan.co.jp/</a>

9:00-11:00 on 27 <sup>th</sup>	<p>Lecture: Local government and citizen group initiatives to deal with an ageing society</p> <p>Presentation : Promoting the activities of elderly people</p> <p>Place: Tajima Longevity Village Hall</p>	<p>Masahiko Komori (Longevity Village - a branch of Hyogo Prefecture Government)</p> <p>Chizuko Yamashita (Yabu City Silver Human Resources Centre)</p>
Date and time (tbc)	Visit to health promotion activities in local community	Under negotiation with local government
	Overnight stay in the Longevity Village	<a href="http://choju.ez-site.jp/">http://choju.ez-site.jp/</a>

#### DAY 6: Wed 28th October

7:00-8:00	Breakfast	
9:00-10:30	<p>Lecture: 45 min +45 min &lt;Discussion&gt;</p> <p>Differences and similarities in approaching ageing society between Japan and the UK. Bridging ideas of the two countries.</p>	Susan Pickard, PhD (University of Liverpool)
10:30-11:00	Tea break	
11:00-12:30	Group discussion and preparation for presentation	
12:30-13:30	Lunch	
13:30-15:30	Group discussion and preparation for presentation	
15:30-16:00	Tea break	
16:00-18:30	Group presentation session	15-20min presentation + 10min discussion for each group
18:30-19:00	General discussion and brain storming for the next workshop in Liverpool	
19:00-21:00	Farewell party	

#### DAY 7: Thu 29th October

**Leave Osaka**