







## Support Services available at City University

<p><b>WHERE TO GO FOR ADVICE ABOUT HEALTH</b></p> 	<p><b>Who are you?</b> Chris Barnes, Health Service Manager/Nurse Adviser</p> <p><b>What department do you work for?</b> Student Health Service</p> <p><b>Why may students use this service?</b> The Nurse Adviser offers a broad range of services including advice and in some cases treatment for minor illnesses and accidents, as well as general advice on health matters and contraception. They provide information on GP registration and recommendations for exam arrangements for students who are pregnant or have short-term injuries.</p> <p><b>How may students access this service?</b> Click <a href="#">here</a> for further information.</p>
<p><b>WHERE TO GO FOR PRINT AND ONLINE STUDY RESOURCES</b></p> 	<p><b>Who are you?</b> Louise Doolan, Director of Library Services</p> <p><b>What department do you work for?</b> Library Services</p> <p><b>Why may students use this service?</b> Library Services provides access to print and online resources to support students' studies. They have around 250,000 books, over 25,000 online journals, and provide access to hundreds of online databases. They have dedicated library staff who are always on hand to provide help and support with accessing their resources.</p> <p><b>How may students access this service?</b> Click <a href="#">here</a> for further information.</p>
<p><b>WHERE TO GO TO GAIN TEMPORARY EMPLOYMENT TO FIT AROUND STUDIES</b></p> 	<p><b>Who are you?</b> Lydia Hughes, Branch Manager</p> <p><b>What department do you work for?</b> Unitemps (Careers and Employability)</p> <p><b>Why may students use this service?</b> Unitemps is City's in house temporary recruitment service for students. Students can use Unitemps to undertake paid temporary work to fit around their studies, this work is mainly on campus with some roles with local employers in the area. These roles range from being a student ambassador to blog writing and marketing support.</p> <p><b>How may students access this service?</b> Click <a href="#">here</a> for further information.</p>

<p><b>WHERE TO GO FOR CAREERS ADVICE</b></p> 	<p><b>Who are you?</b> Marlon Gray, Senior Careers Consultant</p> <p><b>What department do you work for?</b> Careers and Employability</p> <p><b>Why may students use this service?</b> A student's time at University goes very quickly. After University it is either a job or further study. To be successful, it's important to have a clear career focus with a back-up plan. The Careers Service can help here via their remote appointments or remote delivery. In addition to which Careers Consultants can discuss ways to enhance students' prospects.</p> <p><b>How may students access this service?</b> Click <a href="#">here</a> for further information.</p>
<p><b>WHERE TO GO FOR MENTAL HEALTH SUPPORT</b></p> 	<p><b>Who are you?</b> Rachel Fahy, Mental Health Adviser</p> <p><b>What department do you work for?</b> Student Counselling, Mental Health and Accessibility</p> <p><b>Why may students use this service?</b> The service comprises of 4 specialist teams: <b>Neurodiversity, Disability, Mental Health and Counselling.</b> They support students with mental health conditions, specific learning differences, disabilities and students who may need emotional support during their time here at City. Students who have had reasonable adjustments or exam arrangements at school or college should contact them about registering with one or more of their teams. They are a friendly service who will help students find the right support - especially if students are not sure what service they should be accessing!</p> <p><b>How may students access this service?</b> Click <a href="#">here</a> for further information.</p>
<p><b>WHERE TO GO FOR PASTORAL AND SPIRITUAL SUPPORT (IRRESPECTIVE OF YOUR BELIEFS)</b></p> 	<p><b>Who are you?</b> Ian Worsfold, Coordinating Chaplain</p> <p><b>What department do you work for?</b> Chaplaincy (Multi-faith Team)</p> <p><b>Why may students use this service?</b> The chaplaincy offers pastoral support to the whole student community regardless of faith or belief, as well as helping students to explore some of life's 'big questions.' They also help students of faith to bring that aspect of themselves to their studies.</p> <p><b>How may students access this service?</b> Click <a href="#">here</a> for further information.</p>

**WHERE TO GO FOR  
ADVICE ON ANYTHING  
RELATED TO YOUR  
TIME AT CITY**



**Who are you?** Tom Glynn, Senior Advice Coordinator

**What department do you work for?**

The Student Centre

**Why may students use this service?**

The Student Adviser Team acts as students' first port of call to receive advice and guidance on anything related to life as a student at City. They can help with general advice, documents confirming a student's status, and accessing other services at the university. Whether it's emotional or practical support, the Advisers are on hand to talk to. If students are not sure who to contact, they can look to the Student Adviser Team for the answer.

**How may students access this service?**

Click [here](#) for further information.

**WHERE TO GO IF YOU  
ARE A CARE-LEAVER,  
YOUNG CARER OR  
ASYLUM SEEKER**



**Who are you?** Natasha Mutch-Vidal, Student Experience Officer

**What department do you work for?**

City Cares Programme

**Why may students use this service?**

City Cares is the designated programme of support for students who are care-experienced, young adult carers, young estranged adults and asylum seekers. City Cares helps students transition to City life, offering pastoral, educational and financial support as well as other benefits tailored to every student's needs.

**How may students access this service?**

Click [here](#) for further information.

**WHERE TO GO TO JOIN  
OR START A SOCIETY  
OR GET INVOLVED WITH  
STUDENT ACTIVITIES**



**Who are you?** Saqlain Riaz, President of City's Student Union

**What department do you work for?** City Students' Union (Elected by the students!)

**Why may students use this service?**

Every Student at City is automatically a member of the Students' Union. They run a range of services including all of your cultural/political/recreational student societies, as well as volunteering opportunities, an independent advice service and their famous programme representative scheme. They exist to promote student interests and welfare on campus as well as on national platforms.

New students are encouraged to get involved because in a years' time, it may be one of **you** running as the President of the Students' Union!

**How may students access this service?**

Click [here](#) for further information.

**WHERE TO GO FOR  
STUDY SKILLS  
SUPPORT**



**Who are you?**

Richard Knott, Academic Skills Team Co-ordinator

**What department do you work for?**

The Academic Skills Team, LEaD (Learning, Enhancement and Development)

**Why may students use this service?**

They help students with the skills they need to succeed at City, including specific skills like referencing and critical thinking, and more general topics like time management and working from home. They run one-to-one online tutorials, small group sessions, and webinars.

**How may students access this service?**

Click [here](#) for further information.

We hope you have enjoyed your **Start@City** programme and wish you luck on your learning journey at City.