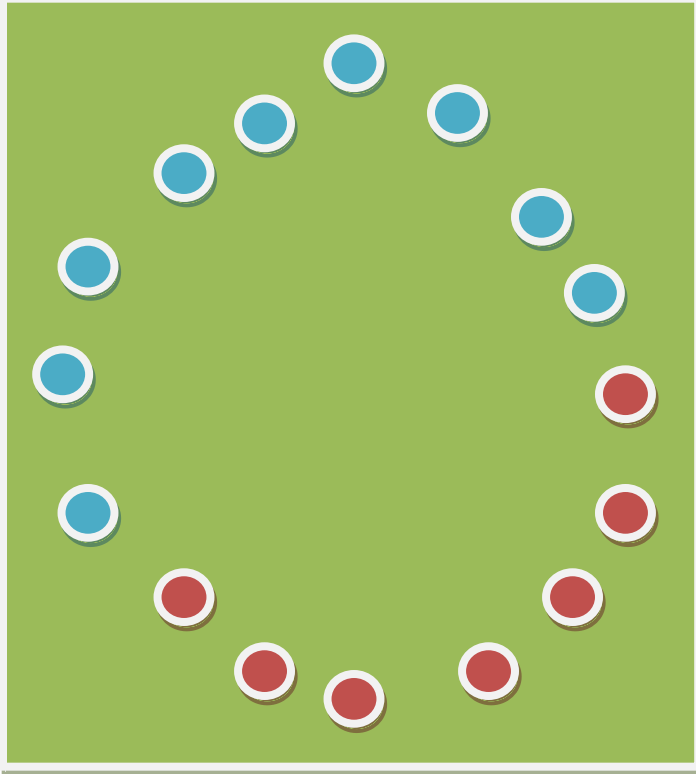


# Numbers



## Key

25x25m space

 Team A

 Team B

## Equipment

25x25m space

## Rules

Coach says either: a number 1- (how many athletes are available)

Both athletes run around the circle and have to beat their matching number from the other team

## Focus

Improve reaction times

Provide competition environment