

NEW BOOK AVAILABLE

DAVID L DAWSON & NIMA G MOGHADDAM

# FORMULATION IN ACTION

APPLYING PSYCHOLOGICAL THEORY TO  
CLINICAL PRACTICE

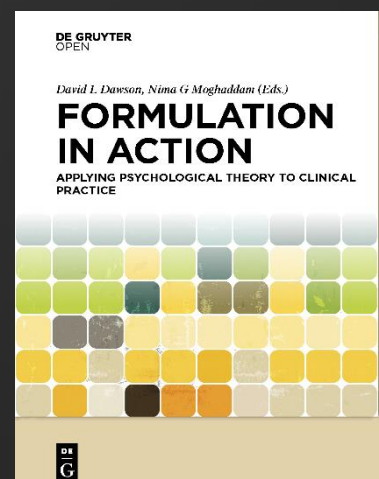
When people seek psychological support, formulation is the theory-driven methodology used by many practitioners to guide identification of the processes, mechanisms, and patterns of behaviour that appear to be contributing to the presenting difficulties.

In this volume, we present multiple demonstrations of formulation in action – written by applied psychologists embedded in clinical training, research, and practice. The volume covers a range of contemporary approaches to formulation and therapy that have not been considered in extant works, and includes unique sections offering critical counter-perspectives and commentaries on each approach (and its application) by authors working from alternative theoretical positions.



“People who use mental health services are familiar with the term diagnosis, but less so with the term formulation - the approach applied psychologists use to help people in distress to develop an understanding of why they think, feel and behave the way they do. This is an excellent and much needed book; it will be a valuable resource for clinicians and users of services at a time when the range of therapies being offered to the public is ever expanding.”

- Professor Nigel Beail, University of Sheffield



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