

My Favourite Sport

- Research Project



Name _____

Favourite sport is and why:

Imagine you have to teach a primary 1....

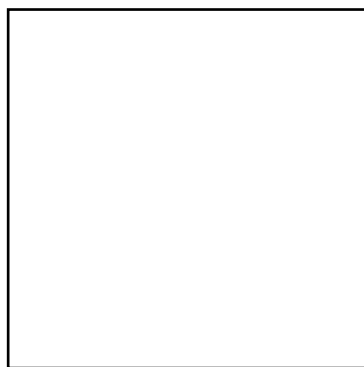
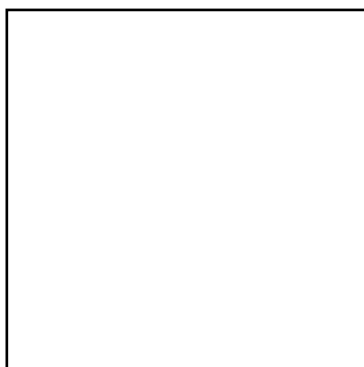
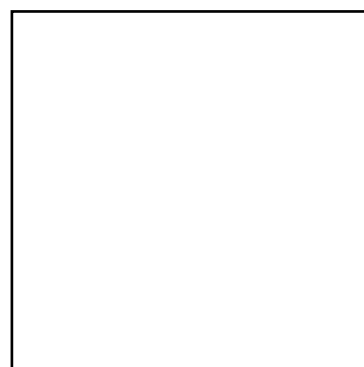
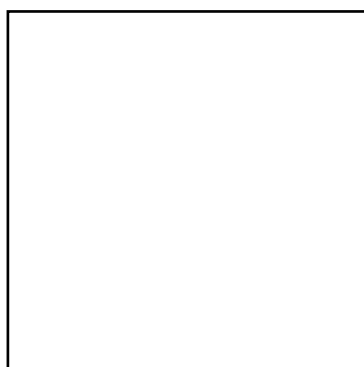
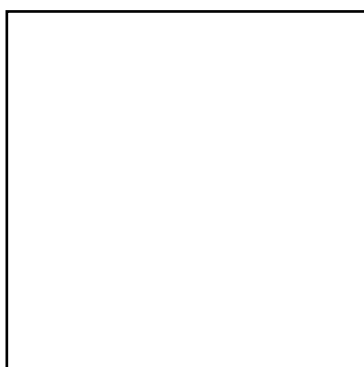
Explain in detail rules of the game:

(use bullet points if useful)

Draw pictures to illustrate the rules, continue on other side if you need.

Draw a map of the sporting pitch or area:

Draw and colour in, photographer action shots of the sport in action. (This should show various parts of the game, label them and explain what is happening).

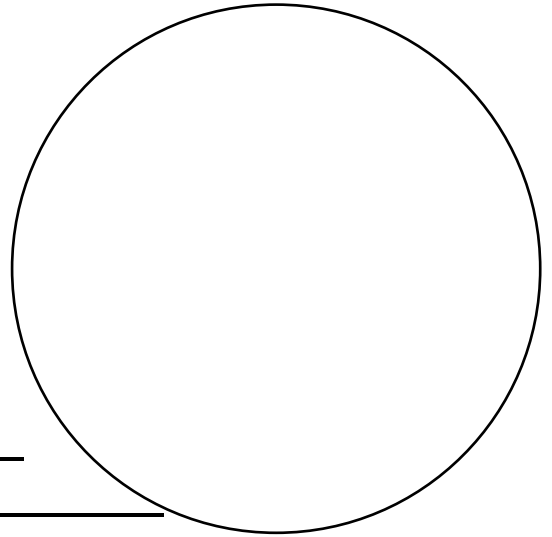


Health benefits of your sport

Imagine you are convincing younger kids to take up your sport.
Research using the iPad/computer.

Sport is good for your body, how?

Sporting Heroes - Why do they inspire you?



A series of horizontal lines for writing. The first set consists of 10 lines, with the circle overlapping the right side of the first four. Below this is a second set of 10 lines. At the bottom of the page, there is a final set of 10 lines.

To be more like your successful sporting hero - how will you adjust your lifestyle? Research diet and exercises.

Health And Fitness Plan

For: _____

	Eat	Drink	Exercise
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			