

Ramsay Campus

September 2020 Newsletter

Welcome back Nursery! Our youngest pupils on campus have now returned to nursery and they all seem glad to be back and we are very happy to have them!

I am sending you this as a campus newsletter as all the information is the same across campus. As things change and more arrangements are put in place for each school I will then send out separate newsletters.

COVID GUIDELINES

Please, please remember that only **1 adult per family** is allowed in the playground and all adults must follow **social distancing guidelines**. These rules are set by Midlothian council and we must try to follow them in order to keep our pupils and staff safe.

Annual Data Checks

Thank you everyone who has returned their annual data forms we are still waiting on some to be returned. Please do this ASAP as it is really important to update our records.

Clothing

Please note that pupils are sitting inside for most of the day as we have very limited access to other spaces due to cleaning routines etc. We do try to get children outside in the fresh air wherever possible as this stops the spread of the bugs and germs that cause colds and tummy upsets. PLEASE send your child with a waterproof jacket as even a 5 minute break outside on a wet day can make such a difference to our mood and energy levels.

Staffing

Congratulations to Mrs Cooney who is pregnant with her second child.

Zones of Regulation

This is a resource that looks at feelings and how we can change how we feel. It is used in nursery and we are now rolling this out across campus. There are 4 zones

BLUE ZONE - sad, sick, tired, bored

GREEN ZONE - happy, calm, feeling ok. Focused, ready to learn

YELLOW ZONE - frustrated, worried, excited, loss of some control

RED ZONE - mad, angry, terrified, elated, out of control

We would like to spend all our time in the green zone, but we are humans and this would not be normal! We will be teaching the children that it is ok (and completely normal) to be in any zone, but it is the choices you make that are important. We will also talk to the children about developing strategies that they can use to help them move zones. For example if I am in the blue zone and feeling sad then a quiet time might help me, or a run around the playground, or a hug from my family etc.

We felt that this may be something of interest to families as staff will also be modelling and discussing what strategies help us to cheer up, calm down etc.

Safe Route

Please take care when using the safe route. This should be treated as a normal pavement so please keep to the left and we advise that face masks are worn due to the volume of people at peak times.

Parent Council

The St Margaret's Parent Council AGM will be held on Tuesday 8th September. This will be at 4pm and will be on ZOOM. The school office will send out meeting details to all parents. We hope you can join us.

The Loanhead Parent Council AGM will be held on Wednesday 16th September. This will be through zoom and we will issue meeting details nearer the time to all parents. **PLEASE NOTE CHANGE OF DATE**

Dates for your diary

Tuesday 8th September St Margaret's Parent Council AGM

Wednesday 16th September Loanhead Parent Council AGM

Friday 18th September & Monday 21st September - HOLIDAY

Monday 19th October - Friday 23rd October - HOLIDAY

Monday 26th October - Inservice Day - staff only attend

Tuesday 22nd December - Term 1 ends 3.15pm

Wednesday 6th January - all return 8.50am

Monday 8th February - Friday 12th February - HOLIDAY

Monday 15th February- Inservice Day - staff only attend

Thursday 1st April - Term 2 ends 3.15pm

Tuesday 20th April - all return 8.50am

Monday 3rd May - HOLIDAY

Monday 24th May - Inservice Day - staff only attend

Friday 25th June - Term 3 ends 12.25pm