

School Lunches - Sample Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Soup of the Day (V)	Soup of the Day (V)	Soup of the Day (V)	Soup of the Day (V)	No hot lunches available. Packed Lunches will be distributed to Pupils entitled to free school meals/can be purchased at a cost of a normal school meal, to be taken home.
Main Dish	Macaroni Cheese (V) Fish Fillet Fingers	Stovies Cheese & Tomato Pizza (V)	Chicken Curry & Rice Cheese (V) & Ham Panini	Roast Beef & Yorkshire Pudding Baked Potato Platter (V)	
Starchy Item	Roast Potatoes	Homemade Bread		Mashed Potatoes	
Vegetables	Mixed Salad Peas	Mixed Salad Carrots	Mixed Salad Coleslaw or Sweetcorn	Mixed Salad Green Beans	
Alternative Selection	Sandwich Platter	Sandwich Platter	Sandwich Platter	Sandwich Platter	
Desserts	Fruit Whip & Fruit Yoghurt or Dessert Selection Selection of Fresh Fruit	Fruit Muffin & Custard Yoghurt or Dessert Selection Selection of Fresh Fruit	Apple Pie & Custard Yoghurt or Dessert Selection Selection of Fresh Fruit	Ice-cream Roll & Fruit Yoghurt or Dessert Selection Selection of Fresh Fruit	
Drinks	Milk Bottled Water Fruit Juice	Milk Bottled Water Fruit Juice	Milk Bottled Water Fruit Juice	Milk Bottled Water Fruit Juice	

Vegetables from Lothian & Borders Farms

Milk from Scottish Farms

Fish from Sustainable Sources

Beef from Scottish Farms

Free Range Eggs

All Meals are Freshly Prepared

(v) Suitable for Vegetarians