

# Going to Early Learning and Childcare



A story to help children feel good about starting or going back to Early Learning and Childcare

Written by Midlothian Early Learning and Childcare Team  
Illustrations by Olivia Matthew



Going to an Early Learning and Childcare Centre is exciting!



When your family brings you to your centre, you can say goodbye and wave to them at the gate.





After you say goodbye to your family, you will have to wash your hands really carefully. You will have to wash your hands quite a lot during the day, to keep them nice and clean.



At your centre  
you will meet  
new friends  
and grown-ups.

At your centre grown-ups will enjoy  
finding out about what you have been  
learning at home.



At your centre you will be in a bubble with your friends and some grown-ups ... not a real bubble! A bubble is just a group of people who spend their time together at the early learning and childcare centre.



You will be able to play with your friends and learn all sorts of new things in your bubble!





Your bubble will have some space inside and some space outside. You can play wherever you want to in your bubble.



Some children will be in other bubbles.



You can wave to them and say, "Hello!"





When you have finished playing outside, you will need to wash your hands to stay healthy.



Grown ups will keep the centre and our toys clean to help us to stay healthy.



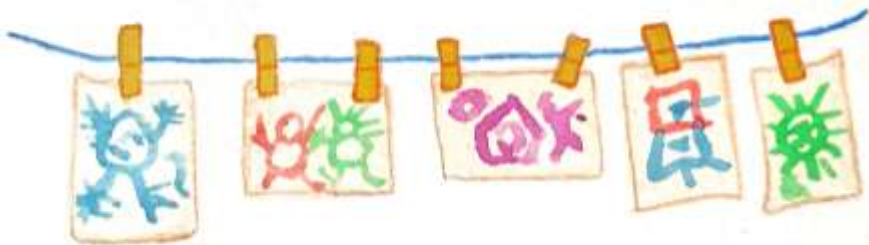
At the centre we will sing songs,  
dance and read stories.



At the centre grown-ups  
will serve us our snack.



At the centre you can make lots of lovely models and pictures. You could take a photograph to show your family because you might not be able to take them home straight away.



You could put them somewhere for everyone to see or the grown-ups could keep them in a safe place for you.

When it is time to go home and your family comes to collect you, your grown-up will take you over to them and you can tell them all about your day!



Your day will have lots of new routines to get used to. New ways of doing things can sometimes bring up lots of different emotions, but that is ok. You can talk to your family, your friends and the centre grown-ups about your feelings, the new routines and any questions you have.



Early learning and childcare  
will be lots of fun!

Can you draw a picture of yourself going to Early Learning and Childcare?



This booklet was designed to help ease anxieties that children and parents / carers may have about starting or going back to an Early Learning and Childcare Setting. We are happy for you to use this resource but please credit the authors and illustrator.



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