### Expressive Arts - Abstract Art
We are learning about Abstract Art. This means art which does not look like real life objects. It uses lines, shapes and colour in any way you like. We are going to have a go of creating our own with a little help with ideas.

How to create your piece of art using the attached instructions:
- Use a die to decide what type of line, shape and texture you will use
- Choose what colours you want to use for each area

Show us your creations by uploading a photo to the assignment.
I have attached a photo of my version for you to see.

### Expressive Arts - Dance Class
Follow this link to take part in an online dance class with Kidz Bop: [https://youtu.be/Ojblhvzvjsk](https://youtu.be/Ojblhvzvjsk)

Once you have learned the routine, see if you can teach it to someone else in your household. Or why not try to create your own dance routine?

Let us know how you got on in the Class Notes attached.

### P.E - Sports Day
You are going to plan a family sports day!
Try to think of 5 races or activities. Organise any resources that you need, including a start and finish line. You might even want to make medals to hand out to all of the competitors. You can use the template attached to plan and record the day.

On your marks, get set, GO!

### IDL - Mammal Home
Can you make a home for a hedgehog?

Follow the attached instructions and see what happens.

Try to upload a photo of your creation and let me know if any hedgehogs visit, I'll use this as part of our RSPB Wild Challenge Award.

### French - Facts about France
You are going to create a presentation about all the facts you know about France.

Watch the videos on the BBC Bitesize page to find out even more facts about France: [https://www.bbc.co.uk/bitesize/articles/zktjqp3](https://www.bbc.co.uk/bitesize/articles/zktjqp3)

You can tell us your facts in any way you like. It can be a poster, a powerpoint, a leaflet, a video, an audio clip or maybe something else that I haven't thought of.

Maybe you want to make an advert for going to France and why it is the number one place in the world to go. This would work as a video or an audio file as it could be for TV or radio.

**Most people will manage to include three facts, some will manage five and a few will include more than five facts.**

If you are presenting a video or audio, remember to speak slowly and clearly. If you have a poster or a powerpoint, remember to write clearly and add in colourful pictures.

We'd love to see / hear how you got on, please share your wonderful work with us if you can.

### P.E. - object control
We are learning to control a ball.

3 tasks to try:
1. Stand with your legs apart and pass a small ball (or any object) between your legs in a figure of 8. How many times can you do it in 60 sec without losing control?
2. Set up a marker and try dribbling a ball with your foot to the marker and back. Remember to use both feet and the sides of your feet. To add challenge, you could add obstacles to travel around on the way to the marker.
3. Try dribbling a ball with your hand by bouncing it. How many bounces can you do before losing control? Does your number
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<th><strong>Health &amp; Wellbeing - Worry Monster</strong></th>
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| Everyone has worries from time to time and talking about them can help you to feel better. For this activity you are going to create your own worry monster. To do this use recycling items or art materials to make a monster with a large mouth. If you are feeling worried you can write down the worry and feed it to the worry monster. We would love to see what your monster looks like and hear about how you created it. | **I thought as we are working towards our RSPB Wild Challenge Award, we would learn a bit more about plants. Watch the videos on the BBC Bitesize page about parts of a plant:** [https://www.bbc.co.uk/bitesize/articles/zvbxt39](https://www.bbc.co.uk/bitesize/articles/zvbxt39) **I’ve attached two worksheets, choose either cut and stick or writing. If you don’t have a printer, you can always draw a big flower and label it using the worksheet as a guide. The BBC Bitesize website also has a quiz that you might like to take, it is a bit tricky so you will need a grown up to help you read the questions. We’d love to see a picture of your work. Let us know how you get on using the Class Notes on Teams.** | **Choose a natural item such as a feather, leaf, flower or minibeast. Look at it and examine it closely. Draw a detailed picture of it and label it. Try to upload a photo of your labelled pictures, I’ll use this as part of our RSPB Wild Challenge Award.** | **Earn your very own Blue Peter Sport Badge! All you have to do is try a new way of getting active. This could be a new sport in your back garden, learning a new skill like skipping or football tricks. Perhaps you have been doing exercise classes at home or tried a new style of dance? Your new way of getting active must be something new and you must be doing a physical activity. Before you apply:**
| • Please ask an adult at home to read the terms and conditions: [https://www.bbc.co.uk/cbbc/findoutmore/bp-attractions-terms-and-conditions](https://www.bbc.co.uk/cbbc/findoutmore/bp-attractions-terms-and-conditions)  
• You must be aged between 6 and 15 years old  
• While social distancing measures are in place, please make sure that you try your new physical activity at home, in the garden or during your daily exercise only. | **•** You will also need to attach a photo or drawing of yourself doing the activity. Please make sure there are **no other people in the photo**, and you are **not** wearing your school uniform. **Once you have tried a new activity, ask an adult to complete the attached application form.**  
**Once you have done that, you are ready to send it off. You can send your form and your picture via e-mail or post using the details on the application form. **Remember to let us know how you got on with this activity too!** |