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### Art for Kids Hub

**Welcome to our family YouTube channel, Art For Kids Hub!** We love doing art together and hope you follow along with us. Many of our lessons are perfect for any age, all you need is a few supplies!

**Create a National Book Token design!**

Your child can win a £10/€10 National Book Token for each of their classmates – and surprise them all when schools reopen!

Create a fabulous National Book Token design, whether it's their school crest doodled in ink, a pencil drawing of the entire class, or something completely different, one child's design will be chosen to put on a National Book Tokens gift card every week for seven weeks.

**How to enter:**

All entries should be produced on A4 paper using [this printable template](https://www.youtube.com/channel/UC5XMF3Inoi8R9nSl8ChOsdQ). Complete the entry form below to see where to email your scanned template. (If you do not have access to a printer and/or scanner, you can take a photo of the artwork and use [this editable form](https://www.youtube.com/channel/UC5XMF3Inoi8R9nSl8ChOsdQ) instead).

The competition is open from Wednesday 6th May and the closing date for entries is Sunday 28th June 2020.
### Parent(s) / Carer(s)

#### Online Safety

1. Don't block all access to technology. Help your child learn to use tech safely and positively.
2. Do an internet audit with your child. Review apps or sites. Create or re-use passwords.
3. Be the parent. You're in charge. Set boundaries and consider using filtering software.
4. Create a family media agreement. Decide on rules, boundaries, and consequences.
5. Teach your child what personal information they should not reveal online (e.g., real name, address).
6. Help your child learn to block unwanted calls or messages. Teach them to report them.
8. Help your child break up screen time. Focus on their developmental needs.
9. Don't expect your child to sign up for apps with age restrictions if they're under age.
10. Learn more. Explore valuable resources for parents so you can educate yourself.

#### The Daily 3

**3 Questions to Ask Your Child Every Day**

**By Megan Carson & Christopher Hohl
bydriveyourself**

- How was your day today?
- How were you brave today?
- How were you kind today?
- How did you feel today?

Try these questions to hear their thoughts and feelings.

**Remember to Claim**

**Working from home? Claim TAX back on added costs, plus now if your employer reimbursed your home office equipment costs, they're tax-free.** In the How to claim tax back for working from home blog, those who have been required to work from home, and who have had increased costs, e.g., heating or electricity, are entitled to claim a tax break. And for extra costs of up to £6/week, receipts aren’t needed. Plus, now added to that blog is a section for those who bought home office equipment and whose firms paid them back. Normally as this is a ‘benefit-in-kind’ you’d need to pay tax and national insurance on it, but due to coronavirus, currently you needn’t.

#### Won’t v. Can’t

**REFRAME THE BEHAVIOUR**

"Kids do well if they can, they can do well if they want, they want to do well if they think they can, they think they can if you think they can."
—Dr. Carol Dweck

**A CHILD CAN TEACH AN ADULT THREE THINGS:**

- To be happy for no reason.
- To always be curious.
- To fight tirelessly for something.

**Paulo Coelho**
<table>
<thead>
<tr>
<th>Family</th>
<th>Selfie Challenge</th>
<th>Social Distancing</th>
<th>Whole School Photo Challenge</th>
<th>Film Competition</th>
<th>Grow...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Burnbrae will create a photo diary of our lockdown doorstep photos! Please tweet/facebook post/post on Glow Teams your lockdown doorstep photo - with a description of who is in the photo. Your photo can be you on your own, with your family, pets, etc as long it is on your doorstep. Why not get creative and use your imagination to create the image you capture. We can’t wait to see your photos!</td>
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<td>How to enter the competition: 1. Select the category below that you wish to enter. 2. Download the competition pack which contains everything you will need, including competition packs and film making advice. 3. Start getting creative, plan and make your film or map out your storyboard. 4. Submit your entry and all consent forms to <a href="mailto:film@childnet.com">film@childnet.com</a> by 5pm on Monday 22nd June.</td>
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<td>Children deserve to grow and learn in a place &amp; alongside a force that is as wild and alive as they are. ~ Nicolette Sowder</td>
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Support for Learning Grid

Complete the entry form on nationalbooktoken.co.uk/verify.

Don’t forget to include your contact details on page 2 and

HERE
NATIONAL BOOK TOKEN
 DESIGN YOUR

CREATE A
National Book Token
design for every child in class

Win a £10 National Book Token e-mail.

Design!
YOUR SIGNATURE:

I have completed the entry form on nationalschoolbookcess.com and agree to the terms and conditions.

I give permission for the above-named child to enter the competition.

SCHOOL NAME:

YOUR EMAIL ADDRESS:

Other (please specify):

Parent/Guardian

Teacher

YOUR RELATIONSHIP TO THE CHILD:

YOUR FULL NAME:

CHILD’S AGE:

CHILD’S FULL NAME:

Win a 610 National Book Token embalazoned

DESIGN

CREATE A

BOOK TONKS

W/B 15.06.20