

# MEALS



School meals are available in the dining hall. The cost for a school meal from August 2018 is £2.00 daily. As the meals are not cooked on the premises, children will receive a menu on a Monday for the following week. This allows parents the opportunity to discuss the meal choice with their child/children. Menus and money should then be returned to the class teacher on a Wednesday. Meals available are:

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|-----------------|--|
| "Traditional"   | - Main course soup/sweet   |
| "International" | - Hot meal soup/sweet  |
| "Hearty Bar"    | - Cold picnic lunch (roll or sandwiches)<br>Cold sweet, fruit or cake. |

A drink is provided with all lunches. Great care has gone into designing these menus to give a balanced two course meal that meets the requirements for food and drink in schools (Scotland) Regulations set by the Scottish Government.

Pupils who bring packed lunches are also accommodated in the dining hall with the other children.

Pupils who stay in school for meals must remain within the school grounds at lunch break. If you wish your child to come home after lunch at school for any reason, please send a note to school in order that you may assume responsibility.

From January 2015, the Scottish Government gave all children in P1-3 across Scotland, the option of taking a free school meal every day.

Under the Education Committee's policy, families in receipt of Universal Credit can apply for the scheme. Other cases will be determined according to the personal

circumstances of the family. Children attending certain special schools where eating skills and the midday meal are part of the educational programme also receive free meals.

Further information and an application form can be obtained from the school or from the Free Meals and Free Clothing Section, Education, Communities and Economy, Fairfield House, 8 Lothian Road, Dalkeith, EH22 3ZG.

## TUCK SHOP

At Glencorse we encourage healthy eating. We have a healthy eating tuck shop and children are encouraged to bring £1.50 on a Monday and this provides them with a healthy snack for the week. Examples of tuck include fruit, yoghurts and pancakes with toppings.



## MILK

Milk is available to all children in primary education at a subsidised cost of approximately £7.50 per term. Milk money should be paid for the period in advance. Children who are in receipt of free meals also qualify for free milk. Pupils in P1-3 who do not qualify for free meals through the state benefits are required, if they wish to pay for milk.

## WATER

Children can bring plain water to school to drink during class time.