



YOUR CHOICE: YOUR VOICE 2018

Raising our awareness about the risks and dangers of substance use and misuse

Who?

Primary 7 pupils from the Associated School Group of St David's RC High School and
First Year pupils from St David's RC High School and
Masie the dog!

Why?

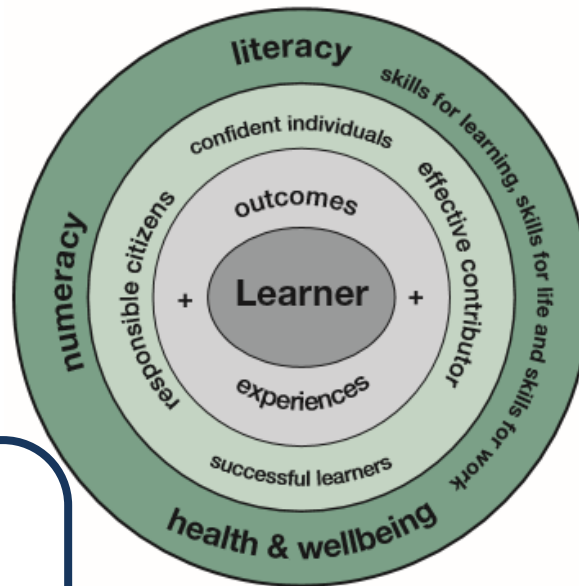
I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm when possible.

I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

What?

We looked at the key messages that would support us to make positive **CHOICES FOR LIFE** and adapted these into our own unique phrase to mirror our understandings and discussions

And remember:
CHOOSE to stay true to yourself- you'll change the world in your own special way!



Then

We all came together at the High School and mixed into groups so we could get to know each other.

Each group worked to create a small section of dance/ drama to show our key messages as we moved through the high school.

And so:

- We got to know each other properly
- We explored the **Choices for Life** key messages but adapted them so they were meaningful to us
- We deepened our learning around change, choices, risk and emotions
- We had fun!

Finally

Our performances were filmed and edited into a video. The background music was even written by a former St David's pupil! The video was shared on each school's website and even across the Council!

Next

We rehearsed and refined our performances and offered each other feedback. We had a lot of laughs along the way!