Day 1

Literacy:

Choose a book or a magazine in your house that you have read and write a review about it.

What was it about? Would you recommend it? What was the best part? Remember to give reasons for your answers.

Numeracy:

Go onto Top Marks Daily 10 Mental Maths Challenge. Use the level you do in class.
If you don’t know what level to do then start at level 3 and move to the next level up if it is too easy! Remember to challenge yourself!

Health and Wellbeing:

Keep a food and drink diary of what you have consumed this week. Include any physical activity you have done too!

Skill: This morning make your bed then keep doing it for the rest of the week!!
**Day 2**

**Literacy:**

Write to an elderly member of the community that may be in self isolation. Tell them a bit about yourself and check that they are OK.

**Numeracy:**

Go onto Top Marks Mental Maths Train. Practise your times tables and your division.

https://www.topmarks.co.uk/maths-games/mental-maths-train

**Health and Wellbeing:**

Try out this workout with The Body Coach Joe Wicks. It’s important to keep active and positive.

https://www.youtube.com/watch?v=uqlNxJe4L2I

**Skill:** Today help to prepare a meal for your family. Help with the dirty dishes too!
Day 3

Literacy:
Write instructions about how to wash your hands correctly. Include at least 6 steps. Illustrate each step.

Numeracy:
Go onto Top marks Rocket Rounding. Practise rounding numbers to the nearest 10 up to 999, once you are confident with this try up to 9999. Use the number line to help if you need it.

https://www.topmarks.co.uk/maths-games/rocket-rounding

Health and Wellbeing:
Create a healthy recipe you and your family could cook. Try to use only food you have in your cupboards at home.

Skill: Today make sure your room is tidy and give it a dust and hoover!
Day 4

Literacy:

Choose a book to begin reading. Read the first few chapters and write a summary about what you have read so far. You could read outside if the weather is nice.

Numeracy:

Go onto Top marks.

Practise all of your times tables.

Then practise your division facts too!

https://www.topmarks.co.uk/maths-games/hit-the-button

Health and Wellbeing:

Get outside for some physical activity. Could you go for a sort jog or bike ride? Walk your dog or invent a new outdoor game?

Skill: Help to sort the laundry into piles to be washed. Could you fold and put away clean clothes too?
Day 5

Literacy:

Reflect on your week.

What have you enjoyed? Why?

What has been challenging? Why?

How have you felt? Has it changed throughout the week? Why do you think this is?

Numeracy:

Go onto Top Marks Daily 10 Mental Maths Challenge. Use the level you do in class.

If you don’t know what level to do then start at level 3 and move to the next level up if it is too easy! Remember to challenge yourself!

Health and Wellbeing:

Try out this workout with The Body Coach Joe Wicks. It’s important to keep active and positive.

https://www.youtube.com/watch?v=EDC-plCTBbc

Skill: Help plan meals and write a food shopping list for the week ahead.