

## Outdoor learning (by Alix)

Decorate a pillow case with things you collect outdoors.

1. Go for a walk around your garden and pick up different types of leaves etc.
2. Cut your pillow case into big squares, get an adult or grown up to help.
3. Pick a leaf and place it under the pillow case.
4. Hit the bit with the rock or something heavy where the leaf is.
5. Watch it make patterns of the leaves on the pillow case. You could also use berries as paint or mud to and paint it onto the pillowcase.



## Science (By Katie)

Make a wormery

Please see attachment of how to do this.



## Numeracy (By Zoe)

Baking activities involves lots of numeracy, measuring, sequencing, number recognition, volume, counting, following directions and cause and effect.

Ingredients

125g/4oz butter  
55g/2oz caster sugar, plus extra to finish  
180g/6oz plain flour



Method

1. Heat the oven to 190C/375F/Gas 5.
2. Beat the butter and the sugar together until smooth.
3. Stir in the flour to get a smooth paste. Turn on to a work surface and gently roll out until the paste is 1cm/1/2in thick.
4. Cut into rounds or fingers and place onto a baking tray. Sprinkle with caster sugar and chill in the fridge for 20 minutes.
5. Bake in the oven for 15-20 minutes, or until pale golden-brown. Set aside to cool on a wire rack.

250g jumbo porridge oats  
125g butter  
125g light brown sugar  
2-3 tbsp golden syrup (depending on how gooey you want it)



Yummy golden syrup flapjacks

1. Heat oven to 200C/180C fan/gas 6.
2. Put 250g jumbo porridge oats, 125g butter, 125g light brown sugar and 2-3 tbsp golden syrup in a food processor and pulse until mixed, but be careful not to overmix otherwise the oats may lose their texture.
3. Lightly grease a 20x20cm baking tin with butter and spoon in the mixture. Press into the corners with the back of a spoon so the mixture is flat and score into 12 squares.
4. Bake for around 15 minutes until golden brown. 

## Be Independent (By Ann)

Give children the opportunity to look after themselves.

skills: Washing hands/face, brushing teeth and combing hair. You could use an egg timer to support this or clock/timer on your phone/ tablet if you have one. Sing a song as they do this or play a piece of music on your phone, when the music stops, the task is done. There are YouTube links "Handy Hands", an animation that the Nursery uses, and "Hey Duggee" CBeebies, sing along with the Toothbrush Song. There is a quiz and the children can earn a Tooth brushing Badge. Have fun!



<https://www.youtube.com/watch?v=07YNCFIS0iI>



<https://www.youtube.com/watch?v=oStaJTHgHMU>

## Family Learning (By Lillian)



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Children and adults can work together to draw around hands/feet, gloves/shoes to make tiles. Game can have different versions. Beat a timer or races. You can use 2 or 3 tiles per row.

Look at the video on our YouTube channel for this activity.

## Literacy (By Laura)



### Matching Alphabet literacy game

Make an alphabet literacy game using beans, stones and paper cake cases. Write the letters of the alphabet inside the paper cases. Mark either a set of stones or bears also with the alphabet letters. The children match them up.

# Cuiken Nursery Home Learning Grid - 18.5.20

## Be Helpful (By Pat)



1. Choose some activities that you could do at home to help your grown-up. See below for some ideas.
2. Once you have carried out a helping task, ask your grown-up to help you draw or write the task on a strip of paper.
3. Stick the ends of the strip of paper together with some glue or sellotape to make a ring.
4. Each time you do another task, add your strips of paper to the chain.
5. Once you have completed a certain number of tasks (decided by your grown-up) maybe you could choose something nice to do as a family, such as watch a movie or play a game as a special thank you for lending a helping hand.



## Health & Wellbeing (by Rosie)

Make a mindfulness jar/box/tub. You can decorate it however you want. Each day you add a happy thought, memory or experience. Your grown up can write it or you can draw a picture of it or even put an item in that is linked to it. This is an activity you can do for more than a week and anytime you are feeling sad, upset or worried you can go through it or go through it with an adult and talk about all the positive things.



This is an extension that they can do if they have glitter. I have done it with my kids and they even made one for their granny as she is on her own in lockdown. We made it and left it on her doorstep.

<https://heartmindkids.com/how-to-make-a-glitter-jar-for-mindfulness/>

## Be creative (By Lauren)



- Ask your child to lie down on the paper and you or a sibling can draw around them. They can also have a go at drawing around a sibling.
- Once complete, allow your child to decorate their picture. Challenge them to add detail including eyes, nose, mouth, ears, hair, fingernails etc.
- Can they create their own outfit? Or do they just want to paint the entire thing green? Let them have fun with it!
- Be as creative as you like! If drawing outside in chalk, you could decorate with leaves, sticks, stones etc.
- Feel free to share your child's creation on the twitter page!

Why not look at our **new You Tube channel** Cuiken Nursery where you will find stories and craft ideas recorded from staff -

[https://www.youtube.com/channel/UCzVCZvG\\_9\\_nWqICW--svrOw](https://www.youtube.com/channel/UCzVCZvG_9_nWqICW--svrOw)

If you try any of our activities it would be lovely if you tweet us some pictures and we can reply.



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