



Cuiken Primary Home Learning Grid - Last week of Term



Connection

School staff will be making phone calls home this week.

Think of a couple of questions you would like to ask your teacher, or something that you want to share with them.

You might want to tell them about something you have done at home recently.

Maybe it has been someone's birthday or you enjoyed a social distance visit to some family or friends.

You might want to ask your teacher what they have been doing or about how they are feeling about going back to school.

Cuiken Olympics

Hi everyone, massive well done and congratulations to everyone who took part in week 3! This week is our final week and it is a scavenger hunt! Along your walk this week I need you to do 5 things for me and these are:

- Collect a stick
- Collect a stone
- Take a picture next to the tallest tree you can find
- Can you find a four leaf clover?
- Can you do over 3KM

Make sure you ask a grown up to take hand gel or wipes with you, so you can give your hands a clean afterwards.

Once you have completed your hunt, try to end up back at Cuiken Primary School, where you will find a small gift from myself. Look for a polly pocket zip lock bag on the fence next to the rainbow... remember to wash your hands before and after.

I want you to post these pictures on twitter and I'll be looking out for this. Good luck everyone and a massive well done again to everyone who's taken part! Lauren :)

HWB

What has life been like during school closure? Draw a picture of your day. You can make a poster/cartoon strip/picture. What did you like about it? What didn't you like about it? Try to ensure you have a balance between positive and negative things in your drawing. Remember to put lots of detail into your piece of work.



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HWB

The "tree of life" concept is a visual representation of your life and the various elements that make it up - past, present and future. The tree of life helps you recognise and acknowledge things that have happened and to plan for things in the future. It helps you explore the skills and strengths you have developed to help you manage a difficult situation. Once you have done this you can begin to create your tree to reflect the kind of person you want to be moving forward.

This is an opportunity for you to share your story from your perspective. Think about what you are good at, your hopes, dreams and wishes for the future and to think about the significant people in your lives. Draw a tree including the different parts such as roots, trunk, branches and leaves.

- Roots of resilience - add the names of your support people to the roots.
- The trunk - this should represent your strengths and values that have helped you to keep strong. Remember to ask others to help you make your list. Different people will see different strengths in you.
- Branches - identify your long and short-term hopes and dreams. What are your wishes and hopes for the future - ready to grow and bloom when the time is

Novel Study

If you have not finished reading your novel then please finish it. Once you have done this choose an interesting character from your book. Consider the character's personality, likes and dislikes. Decide on a gift for him or her... something he or she would really like and use. Design a greeting card to go along with your gift. Write a message inside your card explaining to your friend from the book why you selected the gift.

Cuiken Family

Whole School Picnic - Thursday
Tweet your photos -
#Cuikenfamilysummerpicnic

Planning the Best Picnic Ever!

Picnics can make a fantastic breakfast, lunch or alfresco dinner. Whether you are in the garden, in the livingroom, at the beach or out on a walk, you can easily plan a great picnic with delicious food and fun activities for everyone.

What do you need?

Number of people at picnic:

Food! Make a list of all the food you wish to take - sandwiches, sausage rolls, salad - all your favourite picnic foods.


Drinks! Make a list of the type of drinks you would like to take.

Biscuits, cakes and chocolates! What sweet treats will you take? You could also try to include some healthy snacks too. If you have a younger brother or sister they might enjoy some fruit as part of their picnic. Could you make it exciting, and create fruit kebabs, or fruit faces? :)



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<p>right?</p> <ul style="list-style-type: none"> The leaves could represent memories and some challenges you have faced - some of them might want to be blown away or lie at the bottom of your tree, others might grow on your tree and help give you some joy and hope for the future. 		<p><i>Games and activities!</i> - What games and activities can you play?</p>
<p style="text-align: center;">Summer Fun</p> <p>Lots of you have missed out on going to camp this year, therefore we are bringing #CampCuiken to you and your families.</p> <p>It is important to remember that you do not have to complete all these activities. You can choose one activity and focus on that. Share your pictures and/or stories on Google Classroom and remember to tweet using #CampCuiken.</p> <p>Activity 1: Camping</p> <p>One of the first things you usually have to do at school camp is make your own bed (some people choose to sleep in dorms) or pitch a tent - if the weather isn't nice, and you have your heart set</p>	<p style="text-align: center;">Transition / Moving</p> <p>Complete the Progress Passport while reflecting on this year and thinking about moving on.</p> <p>You could try to upload your passport to your Google Classroom.</p>	<p style="text-align: center;">Family Learning - Science</p> <p><u>O-wing Glider</u></p> <p><i>Can you make and fly an o-wing glider?</i></p> <p><i>Can you plan and carry out an investigation to find out what makes the best glider?</i></p> <p>Have you ever made a paper aeroplane?</p> <p>Have you thought about the forces that act on a plane in flight? In this activity you will build an o-wing glider, test it out and think about the forces acting on the glider. You can then decide how you can improve your glider's performance.</p> 



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on pitching a tent, you could ask a grown ups permission to use a space indoors.

Activity 2: Al Fresco Dining

At camp you might have the chance to cook a meal outside, usually on a campfire. Why don't you have a go at doing something similar today! If you have an adult who could help you, you could try making your own campfire or maybe you have a BBQ that you could learn how to cook on. If these aren't possible you could prepare food in your kitchen and eat it in your garden. Think about making the dining area look attractive with blankets and cushions and any decorations you can find in your house. If you don't have a garden you could eat in your living room instead!

Activity 3: Ghost Stories

No camp is complete without some spooky stories! Can you make up your own scary story that you think will have everyone shaking in their shoes?! If you can, record your story and share it with the class. You could think about adding scary effects, such as a torch lighting up your face, spooky background music or a door creaking behind you! Try to be as creative as you can, imagine how you would tell your story if you were all sitting round a camp fire! If you don't want to make up your own story, see if you can find one online to use instead.

You will need

a long straw, an A4 piece of this card, sticky tape, a ruler and a pencil.

To make your o-wing glider

Cut two strips of thin card about 4cm in width, make one strip around 29cm in length and the other around 20cm.

Join the ends to form two "O" shapes - one larger and one smaller. Tape one to either end of the straw.

To launch, simply throw the O-wing, as you would a paper aeroplane, angled up slightly. Throwing the O-wing at a slight angle into the air generates an upward force called lift and so the O-wing flies

Practice throwing the glider until it flies well.

What's happening?

As you throw the o-wing glider upwards you are providing a force called thrust - this force is a push and causes air to move over the o-wings, providing upwards lift for the glider. Other forces acting on the glider are drag (air resistance) and gravity. After a while the forces of thrust and lift are outweighed by drag and gravity so the glider slows down and



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Activity 4: Star Gazing

If it's a clear night, go outside and look up at the sky. See if you can spot any constellations, planets or satellites. You can download the app Sky View and use it to help you find anything interesting in the sky. Even if it's cloudy the app will still show you what's hidden behind the clouds! You could even take some blankets and hot chocolate outside and spend time looking for shooting stars with your family.

Please remember to ask an adult before doing some of these activities!

falls to earth.

Questions to ask

What happens when you throw the o-wing glider?

How far does it go?

What is the best way to throw the glider?

(The full help sheet for this can be downloaded from Google Classroom.)

Please share your photos

Twitter: [#GreatSciShare](#) @EBSOClab



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Progress Passport 2020



<p>Draw or attach a picture of yourself.</p>	<p>Attach or draw your school logo.</p>
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<p><i>Surname:</i></p> <p><i>Forename:</i></p> <p><i>Preferred Name:</i></p> <p><i>Date Of Birth:</i></p> <p><i>Nationality:</i></p> <p><i>Age:</i></p> <p><i>Hobby:</i></p> <p><i>Favourite Food:</i></p> <p><i>Something I'd like you to know about me:</i></p>	<p><i>School:</i></p> <p><i>Class:</i></p> <p><i>Teacher:</i></p>
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<p><u>How are you feeling?</u></p> <p><i>What did you enjoy most this year?</i></p> <p>1.</p> <p>2.</p> <p>3.</p> <p><i>What are you looking forward to next year?</i></p> <p>1.</p> <p>2.</p> <p>3.</p>	<p><u>Academic Profile</u></p> <p><i>Favourite subjects</i></p> <p>1.</p> <p>2.</p> <p>3.</p> <p><i>Strongest subject</i></p>
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<p><i>Questions I have.</i></p> <ol style="list-style-type: none">1.2.3.	<p><i>Subject I would like to improve in.</i></p>
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Target Setting

1. *Target I would like to set myself linked to school:*

2. *Target I would like to set myself linked to home:*

3. *Target I would like to set myself linked to my personal wellbeing:*



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