



## **Dr Bike Bikeability Checks**

The mechanics from The Bike Station will shortly be checking your child's bike before Bikeability training and we wanted to let you know what to expect.

The mechanics will check the bike for mechanical safety including:

- Ensuring that the brakes work and properly set-up;
- Ensuring that the steering is safe and correctly set-up;
- Check that stem and seatpost are inserted below maximum safe height; and
- Check for any loose or damaged parts which may interfere with the safe use of the bike.

They will also look at other aspects which affect the bike's rideability including:

- The operation of the drivetrain and gears (where fitted); and,
- The inflation and condition of the tyres.

The mechanics will attempt to fix any problems they identify while they are at the school. If they can't you will find a note attached to the bike telling you the problem and how to get it fixed. In some cases they may find that a bike can't be used for Bikeability or will be too expensive to fix, in which case they may suggest getting a new one.

Please make sure that the bike is reasonably clean. In order to comply with Health and Safety legislation mechanics are not required to work on bikes which are very dirty.