



Midlothian

Mrs Jennifer Allison
HEAD TEACHER



BONNYRIGG PRIMARY SCHOOL
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Dear Parent,

Bonnyrigg Primary has invited Play Therapy Base to offer a play therapy service within the school, one day a week. Part of this service will be a lunchtime drop-in. The drop-in service is for children who may have a worry or concern that could be helped through a short conversation.

Children experience ups and downs in their lives just as adults do, and sometimes having someone to talk to about these can make them seem more manageable. The play therapists at Play Therapy Base have offered this service in schools for several years and have found that children request appointments to discuss issues such as bereavements, family illness, major fall-outs with friends, worries about change (e.g. moving house, going to high school), and so on. Staff have reported that children return to class more able to concentrate, having sorted out their thoughts about the concern they had.

The service will be confidential (unless a child is in need of help, such as in a child protection situation). However, the play therapist would be encouraging children to let parents know about their worries, if they haven't already told them what they are discussing in the drop-in. Appointments will be offered to children who ask for these by filling in a request slip and posting it in a special post box.

All children will automatically have access to this service however we do need permission from parents. If you would like to talk more about the service before deciding, please feel free to phone the school, or the play therapist (Elaine Fish: 0131 454 9713) for more information.

Yours sincerely,

Jennifer Allison
Head Teacher

Child's name:

Class:

- I am happy for my child to access the play therapy drop-in service
- I would like to have a discussion with the play therapist about this service
- I DO NOT want my child to access the play therapy drop-in service

Signed _____

