

DALGUISE 2018

Kit List

Clothing

Take plenty of clothing in case of wet weather. Clothing should be old and named.

- Nightwear
- Underwear
- Sock – over the ankle (plenty)
- 3 or more fleeces/sweatshirts/jumpers
- 3 t-shirts
- 1 long sleeve t-shirt
- 3 pairs of old trousers (**not jeans**)
- At least 1 pair of trainers
- 1 pair of shoes/trainers/slippers for indoor use
- Waterproof jacket
- Warm hat & gloves
- Waterproof boots or wellies

Other Essentials

- Wash bag – soap toothbrush etc
- Roll on deodorant – NO aerosols
- 2 large towels
- Water bottle
- Labelled plastic bags/bin liners (for wet /dirty clothes)

You will NOT need

- Mobile phone
- Electronic games/equipment
- Hair dryer/straightners
- Money